



Teens Cook: How to Cook What You Want to Eat

By Jill Carle

Ten Speed Press. Paperback. Book Condition: New. Paperback. 160 pages. Dimensions: 11.2in. x 7.5in. x 0.5in.Written by two teens who know what teens do and dont know about cooking, TEENS COOK is an instructional cookbook that teaches young adults how to make great mealsand be confident and independent in the kitchen. Authors Megan and Jill Carle are teenage sisters with nothing much in common when it comes to foodexcept that they both know how to cook really well. One buys ingredients she likes and figures out what to make when she gets home; the other follows every recipe to the letter. One is a vegetarian whos drawn to ethnic food; the other prefers all-American comfort food. Together, theyre a dynamic duo who have created and mastered more than 75 recipes for breakfasts, snacks, sides, family meals, dinners for one, and desserts. In TEENS COOK, the Carle sisters also share their kitchen knowhow on averting and fixing disasters, dealing with cookbook math (fractions and metricsugh!), deciphering culinary vocabulary (all those terms we kind of know, but not really), explaining chemistry (why and how stuff goes right and wrong in the kitchen), and avoiding accidents (can you say grease fire oops!). For...



Reviews

An incredibly wonderful book with perfect and lucid explanations. It normally is not going to price a lot of. I am just very happy to tell you that this is the greatest pdf we have go through within my personal lifestyle and could be he finest book for at any time.

-- Bart Lowe

This is basically the greatest pdf i actually have go through till now. It is definitely simplistic but surprises within the fifty percent in the ebook. I am easily will get a delight of studying a published ebook.

-- Hyman O'Conner III

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