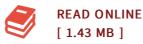


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Shy: A Memoir

By Sian Prior

Text Publishing Co, Australia, 2014. Paperback. Book Condition: New. 235 x 153 mm. Language: N/A. Brand New Book. Shy. It s a shy word, a timid little word that begs to remain unnoticed. Only three letters long, and it begins with an exhortation to silence. Shhh. Reserved is different. It s for tall men with jutting jaws. Prime ministers can appear reserved: never shy. Restrained carries itself with dignity. Even introvert has a whiff of authority about it: these people have been tested; Myers and Briggs have awarded them an impressive three-syllable psychological label. But with shy there s no authority, no control. It s a blushing, hunching word; a nervous, knockkneed, wallflower word. A word for children, not grown-ups, because surely grown-ups grow out of shyness. Don t they? Sian Prior has maintained a career in the public eye, as a broadcaster and performer, for more than twenty years. For far longer than that she has suffered from excruciating shyness. Eventually, after bolting from a party in a state of near-panic, she decides to investigate her condition. What is it shyness? Where did hers come from? Why does it create such distressing turmoil beneath her assured professional front?...



Reviews

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