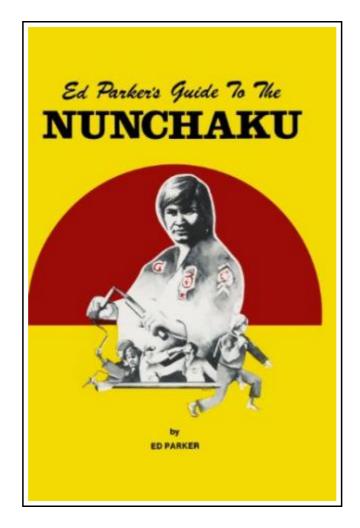
### Ed Parker's Guide to the Nunchaku



Filesize: 7.62 MB

#### **Reviews**

An extremely wonderful pdf with lucid and perfect explanations. I could possibly comprehended every little thing out of this created e pdf. Once you begin to read the book, it is extremely difficult to leave it before concluding.

(Janie Wilkinson)

#### ED PARKER S GUIDE TO THE NUNCHAKU



Createspace, United States, 2013. Paperback. Book Condition: New. 203 x 137 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.During early 1975, Ed Parker Sr. undertook to complete another masterful work on a specific Martial Arts topic--the Nunchaku. Made famous by the late Bruce Lee in the motion picture Enter the Dragon and often referred to as chucks or Karate sticks, Ed shared a history of this man made weapon, for the first time. Acknowledged by the Martial arts weapons expert Tadashi Yamashita, as the best book on the subject, it should be on the bookshelf of every Karateka. Curtis Wong, publisher of the internationally acclaimed Inside Kung-Fu Magazine said it was a must for all practitioners. After a brief introductory history of the nunchaku, Ed elaborated on the need for modern day adaptations of this ancient agricultural implement. Revealing for the first time, his own dynamic nunchaku techniques, with catches and movements capable of creating one startling impact after another. Fantastic Kenpo innovations were illustrated using extensive charts, diagrams, illustrations and hundreds of step by step photographic sequences. Ed executed practical self defense techniques against a multitude of unarmed and armed attacks. It is interesting to note that on the inside cover of this work, Ed is shown in a drawing by his brother, David Parker, wearing a Ninth Degree Belt. However, on the following page, it is stated that Ed is a Tenth Degree Black Belt. The reason is, that at the time of writing this innovative book, Ed was a Ninth Degree Black Belt. As a result of this masterfully exhaustive, inclusive treatise, Ed saw fit to take the recommendations of his senior Black Belts and accepted the honor and status of Senior Grandmaster of Kenpo. It seemed an almost fitting tribute that the...



Read Ed Parker s Guide to the Nunchaku Online



#### Related eBooks



#### America's Longest War: The United States and Vietnam, 1950-1975

McGraw-Hill Education - Europe, United States, 2013. Paperback. Book Condition: New. 5th. 206 x 137 mm. Language: English . Brand New Book. Respected for its thorough research, comprehensive coverage, and clear, readable style, America s...

Read ePub »



### Bully, the Bullied, and the Not-So Innocent Bystander: From Preschool to High School and Beyond: Breaking the Cycle of Violence and Creating More Deeply Caring Communities

HarperCollins Publishers Inc, United States, 2016. Paperback. Book Condition: New. Reprint. 203  $\times$  135 mm. Language: English . Brand New Book. An international bestseller, Barbara Coloroso s groundbreaking and trusted guide on bullying-including cyberbullying-arms parents...

Read ePub »



# Hands Free Mama: A Guide to Putting Down the Phone, Burning the To-Do List, and Letting Go of Perfection to Grasp What Really Matters!

ZONDERVAN, United States, 2014. Paperback. Book Condition: New. 211 x 137 mm. Language: English . Brand New Book. Rachel Macy Stafford s post The Day I Stopped Saying Hurry Up was a true phenomenon on...

Read ePub »



#### Hope for Autism: 10 Practical Solutions to Everyday Challenges

Seaborough Enterprises Publishing, United States, 2015. Paperback. Book Condition: New. Initial ed.. 203 x 127 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Hope for Autism: 10 Practical Solutions to Everyday...

Read ePub »



#### Rumpy Dumb Bunny: An Early Reader Children s Book

Createspace, United States, 2014. Paperback. Book Condition: New.  $203 \times 133$  mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Rumpy is a dumb bunny. He eats poison ivy for breakfast and annoys...

Read ePub »



#### Jasmine and Mikyes Crazy Love

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*\*.KINDLE UNLIMITED MEMBERS READ FOR FREE A Fun and Captivating

Download PDF »



### I Am Reading: Nurturing Young Children s Meaning Making and Joyful Engagement with Any Book

Heinemann Educational Books, United States, 2015. Paperback. Book Condition: New. 234  $\times$  185 mm. Language: English . Brand New Book. It s vital that we support young children s reading in ways that nurture healthy

Download PDF »



#### The Diary of a Goose Girl (Illustrated 1902 Edition)

Echo Library, United States, 2008. Paperback. Book Condition: New. Illustrated. 203 x 127 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Kate Douglas Wiggin, nee Smith (1856-1923) was an American children s

Download PDF »



#### A Parent s Guide to STEM

U.S. News World Report, United States, 2015. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. This lively, colorful guidebook provides everything you need to know

Download PDF »



## Oxford Reading Tree Read with Biff, Chip, and Kipper: Phonics: Level 6: Gran s New Blue Shoes (Hardback)

Oxford University Press, United Kingdom, 2011. Hardback. Book Condition: New. 172 x 142 mm. Language: English . Brand New Book. Read With Biff, Chip and Kipper is the UK s best-selling home reading series. It

Download PDF »